

A Music Score

That needs participants

Instruction for the participant (easy version)

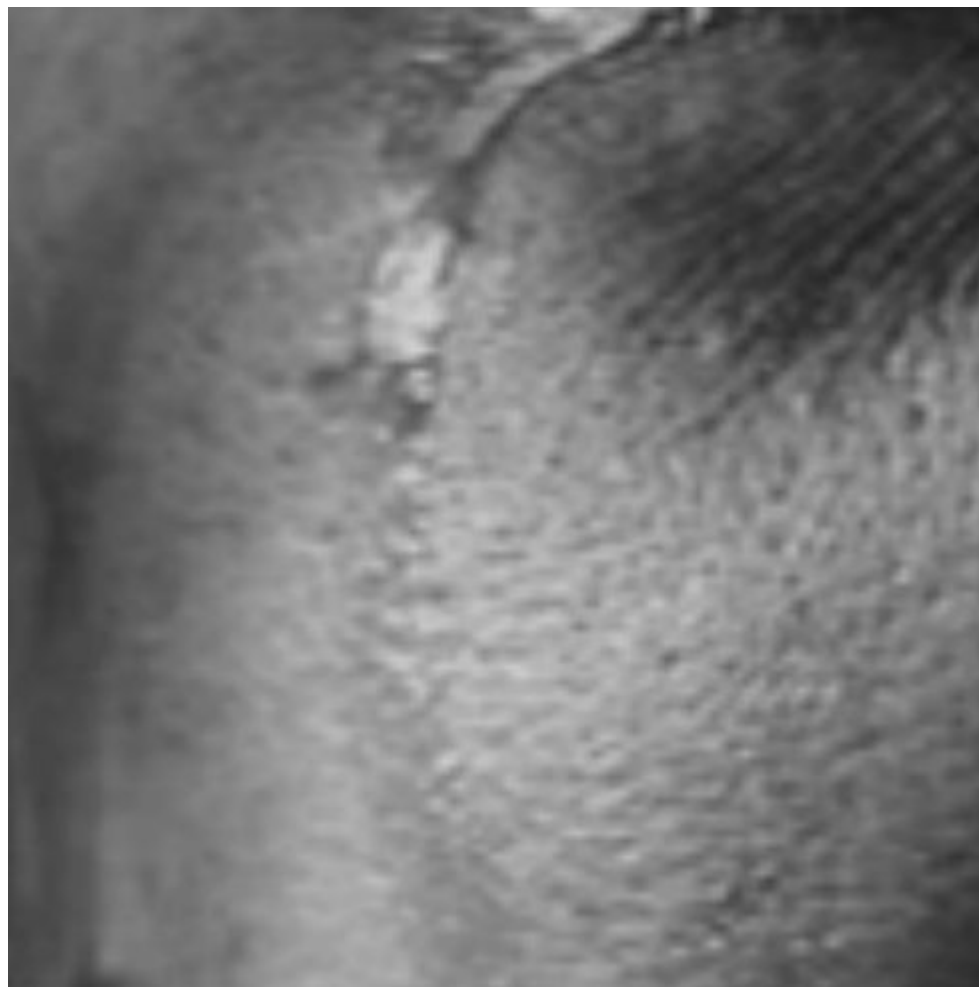
Make a piece of sound for each image you see. 6 sounds in total. You have to make organic sound, meaning that it comes from your hand, your feet, or just your body in general. You can use a tool if you want. It can be rhythmic, or no. It can be loud, or no.

Instruction for the participant (hard version)

Make a piece of sound using your head for each image you see. 6 sounds in total. You have to keep one hand on your head when you make the sound. It can be easy sound just with your mouth, your nose, you tapping your head, or anything you can think of. It can be rhythmic, or no. It can be loud, or no.

Record the sound, and make something out of it.













That's it

reference

<https://innovationdistrict.childrensnational.org/new-grant-to-help-establish-maternal-mental-health-telehealth-program/>

<https://www.bridgestorecovery.com/blog/my-mother-is-severely-depressed-and-wont-get-help-tips-for-getting-your-loved-one-the-treatment-she-needs/>

<https://guides.loc.gov/migrant-mother>

<https://www.medicalnewstoday.com/articles/stay-at-home-mom-depression#overview>

<https://moveforwardpa.com/finding-help-for-the-depressed-mom/>

<https://www.healthline.com/health/depressed-mom>